

Z- Scores

A z-score (also called a *standard score*) gives you an idea of how far from the mean a data point is. But more technically it's a measure of how many standard deviations below or above the population mean a raw score is by converting the mean to zero.

$$Z = \frac{x - \mu}{\sigma}$$

μ – is the mean

σ – standard deviation

The z-score changes the mean to zero.

Example: Let's say you have a test score of 190. The test has a mean (μ) of 150 and a standard deviation (σ) of 25. Assuming a normal distribution, your z score would be:

$$Z = \frac{x - \mu}{\sigma}$$

$$= \frac{190 - 150}{25}$$

$$= \frac{40}{25} = 1.6$$

**That is 1.6 standard deviations
above the mean using Bell Curve**

Since z-scores are standardized, we can look up 1.6 on a chart to find a percentile rank